

003 | The Planets & Your Purpose

Welcome to The Cosmic Calling, a podcast for spiritual entrepreneurs and creative souls on a mission to align their life & career with the cosmos.

I'm Natalie Walstein, Career Astrologer at Soulshine Astrology, and I hope you're ready to unlock your cosmic calling.

Hello and welcome back. I am so excited for today's amazingly jam-packed episode because we are diving much more deeply into the process of understanding your cosmic calling as we talk about the planets and your purpose.

In our first episode, we talked about some of the most important points on your astrology chart including your Sun, Moon, Rising Sign, and Career Line and how they can help you tap into who you really are and the work you were born to do, and this is really the prime formula that I use as an astrologer to get an overview of someone's life mission.

But, there are lots of other planets and asteroids that can allow us to get even more specific, and that is what we're going to dive into today as I take you on a cosmic journey through our solar system so you can better understand what really makes us tick as well as how much more in-depth astrology can get when you're looking to uncover the blueprint behind your personality and your purpose, on top of how your mind really works, what you really want, your drive and motivation, your dreams for the future, and so much more, and most importantly, we'll talk about how knowing all of this can help you create a career that is suited to your own natural energy flow so you can consciously choose to do what you're good at and in love with doing instead of forcing yourself to struggle through things that you're not.

You're probably already pretty familiar with the planets from science class or maybe even astronomy if you were lucky enough to take that, like I was in high school. In science class in junior high, I had a moment where I honestly thought I really wanted to be an astronaut. I'm sure we've all had our own similar types of fantasies, but what's funny is that I kind of am one, in a figurative sense.

It's also funny how a scientist can look at a planet and think one thing, and an astrologer looks at a planet and there's like this whole other

world, this whole other layer of knowledge that we go to. To an astrologer, a planet is not just some rock floating through space with a certain circumference and temperature. They have personalities. They have stories. They have vibes. Really strong ones, and not only can we feel these vibes from space, but their energy imprints on us when we're born.

Just like how the moon orbits the Earth, and the Earth orbits the Sun, the planets also go around at their own speeds, creating this magnificent three-dimensional clock. Astrology is like the secret system behind the calendars and clocks we use every day which really only show the tip of the iceberg.

Closest to the Sun, we have Mercury. Mercury symbolizes our mindset, and our communication style. I'm sure you're familiar with hearing about Mercury Retrograde, but what you may not know is that, when it comes to finding your cosmic calling, Mercury can help you understand what type of things your mind naturally gravitates toward. This can not only tell you what you're interested in, and what you like to think about, but it also can explain how you like to communicate.

So, my Mercury - the place that Mercury was in when I was born - was in Aquarius in my 2nd house of Values, Desires, and Goal Setting, and we have episodes coming up about the zodiac signs and the houses, so we'll get into that eventually, but what this placement of Mercury symbolizes is that my mind loves to think about Aquarian topics - so that would be New Age concepts and futuristic ideas. So, no surprise there. Aquarius is also about passing innovative knowledge on to the community to help make the world a better place, so that would also factor into the things that I like to talk about as well as the way I might do that.

If you're a writer or you love to speak or express yourself in really any way, then seeing where Mercury is can help you decide which topics or subject matters are the most up your alley.

And keep in mind, as we go through these planets, these are things you might already know about yourself, but how cool is it that we can see ourselves reflected in the stars and get this confirmation and validation? It's especially helpful if you're trying to decide where to put your focus and you have a lot of different interests and passions because Mercury can help you see which area you have a natural affinity to and really, an advantage in, because your mind already lives within

that realm and you don't need to travel outside your normal way of thinking to get there.

Continuing on with our overview of the planets, Venus is the planet that describes what we desire. It explains what we love, the way we love, as well as what's important to us in a romantic partner or even a business partner since this is the planet of love, money, and beauty, too.

Wherever Venus falls on your chart can help you get a better idea of where you find the most value in your life and your work. My Venus is in Capricorn, so I really value the idea of going after goals, being practical, working towards a better future, and constantly improving myself and my life. To me, organization is beautiful. It might sound lame, but the sweet satisfaction of checking off my to do list is something I crave. This is a tough one for love because I can take a long time to decide if I like someone and I'm most attracted to guys who have their life together and are also going after a goal that is not only important to them, but also something that is helpful to the world. But in terms of work, well, it makes sense why I'm a career astrologer, because I also like to work with people who are trying improve themselves and aiming to go after their goals in meaningful ways.

This may sort of turn into a getting to know me episode because since I'm flying solo today, I pretty much just have myself as an example! But keep in mind that each of us is very, very different, and something funny that my clients sometimes ask in a reading is, "Is this normal?" or "Is this what you say to everyone?" and the answer is always NO! Nothing is normal. Everyone is unique. Everyone has their own way of thinking about the world and feeling and doing things, so you may not relate at all to where my planets are, or maybe you do, but either way you should know that there are 12 different signs, 12 different houses, and endless amounts of potential combinations between the planets and asteroids, not to mention their relationship with one another in terms of the angles they may be making with each other.

Okay, so, let's move on to Mars. Mars is the planet of action, motivation, drive, and passion. This planet shows what triggers us to take action as well as how we take action - as in how fast or slow or how impulsive we may be when there's something we want to do. It's that go getter masculine attitude that goes out and gets what it wants, compared to Venus which is much more about our ability to receive and attract the things we want to us.

Wherever Mars falls in your chart can be really good to know about yourself because it helps you understand what drives you and fuels you to do the things you do. Once again, my Mars is in Capricorn. Not going to lie, most of my planets are in Capricorn, so this might get a tiny bit repetitive, but I am driven by practicality, reaching my goals, and going after what I want even if it's challenging or requires me to work hard. I'm a planner. I like to plot things out in advance and this also makes me really ambitious!

To give you some examples of other possibilities, someone could have their Mars in Cancer, in which case they would be motivated by the desire for comfort, and they may be less likely to take big risks and want to take their time making major decisions that could affect their life in big ways. Whereas Mars in Aries is very impulsive. When they're passionate about something, they will go after it right away, but may not be able to follow through once the excitement wanes. Mars in Pisces have a tendency to escape off to their own dream world. Mars in Leo loves to go all in on one thing at a time.

So those are some more quick examples for you. By the way, you can grab your birth chart from my website if you want to see where your planets are by going to soulshineastrology.com/birthchart. There are other ways to get it online for free too - you just have to do a quick Google search! There is also an iPhone app called TimePassages that is pretty amazing. I don't always 100 percent agree with their interpretations, but it gives you a really good basis for understanding where your planets are and it even gives you an idea of how the planets in the sky are affecting you right now.

Okay, moving on to Jupiter. Jupiter is my favorite planet. I don't know why, but I just have a thing for Jupiter. Probably because it's the planet of joy, prosperity, abundance, expansion, and growth... and who doesn't love all of that? Plus, it shows us what makes the most excited about our work, which is the #1 most important factor when it comes to finding your dream career. Why? Because excitement will fuel you even when the money isn't coming in right away. Excitement will make your work feel more like play... and it's super contagious to other people.

My Jupiter is NOT in Capricorn, but in Cancer. And it's in my 7th house of Relationships. So nurturing other people in a 1-on-1 setting is what I live for. Nothing makes me more excited than helping someone feel

comfortable, heard, and feel like they can be safe to be their true selves and let their creativity really shine. People are sometimes surprised to know that I never do more than one reading in a day because, even though there's nothing I love more than connecting with people through astrology and especially reading their charts, I want each person to feel super special. I do this in my personal life, too, so it's not just about work. I love being there for anyone in need who needs a pick-me-up and a pep talk that helps them feel like they can take on the world - which might be a little bit of my Capricorn creeping in, too.

So, like I said, people get excited about all sorts of different things. Some people get really excited about paperwork. Some people love health or coaching or their family or writing or traveling - and not just love it, but when they think about it, they light up and almost want to explode inside. This is Jupiter. It might be kind of fun, if you haven't had your chart done, just to guess what you think your planets will say about you. To be honest, I don't think I would have been able to guess mine, but it's so so true.

I would love to talk about Jupiter all day, but we should probably move on to Saturn. Jupiter and Saturn are next door neighbors, but oh boy, are they different. Jupiter can be excessive at times because when you're excited you feel more generous and maybe even a little more powerful than you really are, so you might spend more than you have or make bigger plans than you can actually comfortably handle. Saturn has a very grounding and constrictive energy and it helps us realize how we need to get on track with our lives in the most practical and grounded way, even if it's not any fun at all.

This can also signify a big challenge because Saturn doesn't make things easy. Saturn is like our strict teacher that makes us do things we don't really want to do, but in the end it's in our best interests and it also brings us the most rewards. Saturn is the ruling planet of Capricorn, by the way, so they have this "work hard" mentality in common, and Capricorn is one of the signs that kind of likes Saturn because Saturn helps us get our lives in check, while a lot of the other signs may just see Saturn as a total drag.

Wherever Saturn falls in your chart can tell you what you need to work through and be disciplined and responsible about. My example is kind of boring because, yes, my Saturn is in Capricorn, and no I don't mind Saturn that much because to me, Saturn is one of our best teachers. But

it's also in my 2nd house of Values, Desires and Goal Setting, which shows that my life challenge is to be self-sufficient and support myself and my own life financially. And this may be something that a lot of people need to work on in their lives – I mean we all need money and a place to live and all of that – but my chart shows how important it is that I work hard to create this for myself and to be smart about it even when my Jupiter wants to take over and I'd much rather spend my money on a trip to Australia than put it all away in my savings like a responsible adult would, which is something I've seriously been debating over!

Other people can have Saturn in all sorts of different places, but most people born within the same span of 2.5 years will have the same Saturn sign, even if it falls in a different house (in other words, in a different house, it gets channeled into their life in a slightly different way). As we get further out into the solar system, the planets become more generationally minded like this.

For example, Uranus is our next planet, and it takes 8 years to move into a different sign. So everyone born within the same 8 year span will have the same Uranus sign, although like I said, we all have different houses or different areas of life where this energy can actually show up. Uranus is not just some funny word, and no I'm not saying it wrong. It symbolizes what makes us different from other people and what we do to rebel or stand apart from the crowd and step out of the status quo to create our own sense of creative freedom.

I also like to refer to Uranus as being a superpower that we have, especially when it comes to someone who's running their own business, because chances are there are plenty of other people doing the same type of work that you are – whether it's selling jewelry like Cassie talked about in our last episode, or being a coach, or an artist, or selling some other type of product or service, your Uranus can help you understand what makes you stand out from all the rest which you can use to your advantage to be seen and noticed for doing something special or different compared to everyone else in your field.

My Uranus is in Aquarius – so yeah, I have all this Capricorn, and I am so meant to be a teacher and I love coaching people – but I kind of do it in an unusual way. Aquarius is the sign of astrology because it opens us up to magic that may be surprising or off the wall in some ways. Aquarius is also about spreading New Age wisdom to the masses and things that

they may not have researched or heard about before to help them find an innovative solution to a problem they have by looking at it in a completely different way. Aquarius is ruled by the planet Uranus, so they have this concept of being unusual or surprising or untraditional in common. What makes me different from others is how I portray myself, because my Uranus is in my 1st house of Identity & Leadership. So, I'm meant to be a little bit weird or unusual compared to the mainstream – especially other coaches and teachers. This was really helpful for me to realize when I was coming out of the spiritual closet as an astrologer because I was so afraid people would think I had gone crazy. Now I know that I've gone crazy in a good way!

So, yes, different generations will share the same Uranus. My parents have Uranus in Leo, so they are really bold about the way they express themselves creatively. Neither one of my parents are in what you would call a normal job, so to be honest, I never grew up thinking I had to either. They both make money doing something unique that they have so much love and passion for even though it's not something everybody else is doing which I think is kind of what drew them to it in the first place – the idea that they could shine in their own way doing their own thing and feel kind of special for doing it. For example, my Dad owns a DJ company that specializes primarily in doing events for kids and my mom is a singer and a spiritual teacher and author.

Okay, so now let's talk about Neptune. Dreamy, dreamy Neptune. Neptune is the planet of otherworldliness, of spiritual realms, as well as delusions, illusions, and confusion. Wherever Neptune falls on your chart explains what your dream vision is for the future. Other astrologers may have different ways of looking at Neptune on a more spiritual level and there are really so many lenses to view it through, but as a career astrologer, I love looking at Neptune as showing us what we really want to envision for ourselves.

Sometimes people get out of touch with their dreams and forget where they really want to see themselves in the future, or why they're working towards the things they're working towards. Neptune is your imagination that allows you to see things as you would like them to be – in the most ideal way – if you could have things exactly how you want them to be. This may not always be 100 percent grounded in reality, but I think our dreams are an incredibly important starting point to help us get where we want to go. I would almost argue that in most cases your dreams are more important than your reality. Of course I'm saying that

because I'm a Pisces, but without dreams where would we be?
Everything that exists today was once a dream in someone's mind's eye.

So... my Neptune is in Capricorn... once again that whole security and goal getting thing, but it's also about being a teacher and a coach and having that be the way I make my living. But everyone has their own dream they aspire to. Someone with Neptune in Sagittarius may long to have the freedom to travel the world. Someone with Neptune in Pisces, which is what today's babies are being born with, may aspire to create their own version of heaven on earth however that looks to them. So, there are a lot of different combinations, but once again Neptune takes about 14 years to go into the next sign, so this can be a dream that you share with your generation, although it can be expressed in different ways through different areas of our lives.

It's time to move on to our last planet in the solar system now... one that scientists are no longer calling a planet, but it still has meaning nonetheless. Pluto is the planet of death and rebirth, transformation, and evolution. In other words, this small dwarf planet is a really big deal. Although Pluto completely changes our world over time, it does so ever so slowly because it takes between 14 to 30 years to move through a sign depending on its current orbital pattern.

Pluto in your chart shows how you are meant to transform or evolve as a person, but it's also how you can help transform the world and make the biggest difference in other people's lives. My Pluto is in Scorpio in my 11th house of Community, so I transform as a person the more I put myself out there and step out of my shell to help others, which is so true because I used to be so shy! And through coming out into my community - both online and offline - to aim to help others on a deeper meaningful level, I am able to make the biggest difference in the world that I can in helping others transform their perspectives and really to remember they have the power to change their lives and transform it into what they want it to be.

A lot of people around my age who are now between 23 - 35 were also born with Pluto in Scorpio. We are the modern mystics, the energy workers, the deep divers, the ones looking for what's really real in the world even if that means needing to show things for how they really are, no matter how uncomfortable it may be to others, so we can change the world.

Keep in mind also that this is not all that there is to be said about each of the planetary placements. I'm really just doing a quick overview here. Every sign and planet has a positive and negative side, and we could literally talk about that forever, but today I'm hoping to keep things as simple as they can be because you probably already realize that astrology can get pretty complicated quite fast.

Okay, so you may think that our journey through the solar system ends here, but that is not so, because we also have a few asteroids to stop by and visit.

Between Mars and Jupiter, there lies this insane asteroid belt. This might sound crazy, but when I was studying the Akashic Records, I learned that there used to be another planet there. I couldn't tell you how long ago that was, but it was called Maldec. And I won't go too far into this, but the story goes that Maldec was accidentally blown up, possibly in part due to the Sirians' use of advanced technology gone awry. So, yes, there is way more to our solar system than you or I have probably ever possibly realized! Now, all that's left of Maldec are millions of asteroids in an asteroid belt, and it really makes a lot more sense now where they all came from.

What's super interesting is that each of the asteroids also has meaning. The bigger asteroids are used much more often in astrology, but you could honestly go on learning about them forever and ever if you wanted to. When I first found out about how many asteroids there are that you can actually track astrological interpretations for, I basically freaked out and stayed up all night researching them. There's even a Natalie asteroid, and no kidding, it's just about aligned with my Jupiter on my chart. So there you go.

But the three major asteroids I use in my work are called Chiron, Vesta, and Pallas Athena. A lot of people also use other ones - like some of you may have heard of Lilith, or Ceres, or Juno, or Eros. I chose the three that I have partly because they are very large, like small planets, and because I feel like they have the most useful application when it comes to career questions and finding the career that suits you the best. I also find they give me excellent information in readings that would have been a total shame to miss. The information you can get from these asteroids I like to call your soul-level fascinations.

Chiron is actually a really common asteroid that is often included in a lot of astrology software as a default setting including the TimePassages app I mentioned earlier. This asteroid is really helpful because it can help explain what is really holding you back from stepping into a more empowered, whole person and being the best you can be. When people ask me in a reading, “I just want to know what’s holding me back, tell me, what is it that’s holding me back?”, I know right away to look for Chiron.

This can be a really touchy subject for some people because wherever Chiron falls in your chart is a hidden wound or a fear that you hold deep down, sometimes without even being fully conscious of it, because the theory is that it stems from a past life and it manifests in this life as a voice in your head that tells you you’re not good enough or that you’re not safe and it causes you to fear your greater potential. I have a guest coming on in a future episode to talk more about this with me, so definitely stay tuned for that. But some people may not like to use Chiron because it really forces us to look into those dark places that we don’t normally like to look at, but I find it absolutely integral to know, and I actually had Chiron completely save a reading once.

I usually save Chiron towards the end after my client and I have had a chance to get to know each other better, and I had a client once where we went through almost everything in her chart besides Chiron and it still wasn’t really clear what she should be doing in her career which was super unusual. There were all of these different aspects and she said they all related to her life, but I couldn’t quite understand how they were meant to fit together. It turned out that she knew exactly what she wanted to do the whole time, but her family had basically told her that she can’t do it and so she didn’t even allow it to be a possibility in her mind anymore. And the only reason why we found this out was because her Chiron was in her 4th house of Home & Family, and it was her family that was holding her back from doing what she really wanted to do – and her fear of wanting to please them and listen to them over herself when they were keeping her from the very thing she was born to do. I ended up having to go back through her chart to show her that yes, that was indeed her dream career.

Another asteroid I like to look into is Vesta. Vesta has a very colorful mythological story which may cause other astrologers to view it differently than I do, but for my purposes in career astrology, I use Vesta as something that shows what you’re fiercely devoted to. So devoted to,

that you would almost give up everything else in your life for it. I will let you feel free to research more about Vesta if you'd like to get the full story on this, but I find it helpful to see which causes or issues we find most important by looking at Vesta because they can help us better understand what our natural mission is.

My Vesta is in Pisces in my 3rd house of Social Networking, so sharing messages about how we are all spiritually connected is my jam, in case you hadn't quite picked up on that about me already.

But my favorite asteroid of all of them is Pallas Athena. This asteroid is named after the goddess of wisdom, courage, strategy and skill, but the meaning that has become very clear for me after hundreds of readings is that Pallas Athena can help us see what makes the world come alive in pure magic for us. What I mean by that is - what we have an almost spiritual connection to - and something that, when we do this particular thing, it makes us feel like the universe is actually a really cool place to live in and that suddenly everything makes tons of sense somehow.

My Pallas Athena is in Aries in my 4th house. There are a lot of different meanings that can be gained from this, just like there are so many things you could say about any given placement, so much so that astrologers have gone as far as to have written complete articles about a single placement, but something I like about mine it is that it shows that I'm really good at pattern recognition. Like the patterns of astrology and the universe. I'm also super obsessed with my home and creating an artistic place to live. When I'm inspired by where I live and it's decorated with all of the things I love, everything really does make sense in my world.

There are also a handful of other asteroids I turn to on a case-by-case basis depending on what my client is looking for clarity around. There are asteroids that can help explain how you can make the most money, how you can become famous, and how you can bring more abundance and good fortune into your life, too.

So those, my friends, are all of the planets and asteroids I work with. The most important thing that I want you to get out of this episode is not necessarily how crazy the universe is, because we already know that, but it's the concept that we all have our own personal power source just like the planets do. This power can be found in the special blend of your personal planets which can help explain your purpose and your purpose

is what makes you powerful. Your authenticity is your superpower. And when we're able to put our personal recipe together in the right way - by weighing our strengths and weaknesses and choosing to do what we love instead of something that may seem convenient - we become more powerful. Not just in our productivity or our money earning potential, which are obviously other great benefits, but even just with having more confidence in ourselves in general. And confidence, my friend, is the ultimate key to the universe.

There is so much more we could talk about when it comes to the planets and your purpose, but without overloading your brain with too much information, hopefully this episode has widened your perspective of our solar system, taught you some things you didn't know before - some maybe a little bit crazy and some more practical - and helped you see the planets less as floating rocks in space and more as being ancient energetic orbs that are actually reflective of aspects of our personalities - aspects that can help us better understand ourselves and how we relate to the rest of this amazing universe we live in.

If you've found this episode intriguing and you want to dive all the way into learning way more about astrology for yourself, you can check out my full online astrology course at www.unlockyourcosmiccalling.com. In it, we go through how to find all of the planets on your birth chart to uncover who you really are, what your natural strengths and abilities are, as well as how to find the life lessons you're meant to work through in order to have a more soulful, meaningful, and consciously aware life and career... plus pretty much everything else I know about astrology, too!

You can also support the podcast as a patron to receive a cheat sheet of all of the planets and their meanings which can be helpful to have on hand if you're reading a horoscope or a forecast, or listening back to this episode later, and you want to know more about what something means. By becoming a supporting member, you'll also receive early access to future episodes and all of the extra resources mentioned in all of the other episodes, too. You can get in on all of this by heading over to patreon.com/thecosmiccalling.

Thank you, as always, for listening and for your absolutely amazing support! I hope this episode wasn't too technical and sciencey for you and that you got a lot out of it as far as just realizing how vast the subject of astrology is and how incredible it can be as a tool for

understanding how we can work with what we've got instead of trying to force ourselves to fit in to someone else's box especially when it comes to creating a career we love.

To get the complete show notes for this episode, including all of the links and resources mentioned throughout, be sure to visit soulshineastrology.com/episode4.

In our next episode, I'm chatting with the magical Pamela Chen on how she found her cosmic calling and her tips for choosing and using the right crystals to help you achieve your goals.